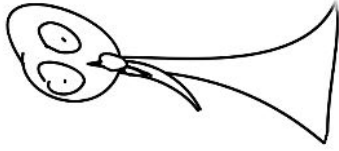
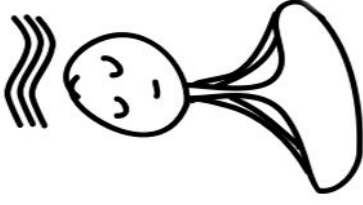


Calming Break

Quiet Voice



Close Eyes



10 Deep Breaths



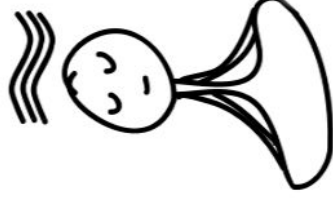
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Calming Break

Quiet Voice



Close Eyes



10 Deep Breaths



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